



# Islamic Help TANZANIA

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Registered Charity Number 1160490



REACHING PEOPLE IN NEED



## PREFACE

### Assalamu Alaikum

It is with great pleasure that we present this report summarising our work in the beautiful east African nation of Tanzania where we started helping people in need in 2009.

We now have 35 programmes ranging from education and water provision to sustainable livelihoods, orphan care, the empowerment of the vulnerable especially women, and the building of community infrastructure including mosques.

**Since 2009, Islamic Help Tanzania has improved the quality of life for 156,962 people in 152 villages.**

That work has been accompanied by strengthening our accountability and transparency. The tasks ahead remain enormous and challenging but we are determined as a team to deliver to the best of our abilities.

We would like to thank our volunteers, donors and well-wishers for their extensive support and encouragement and we look forward to their continued support in years to come.

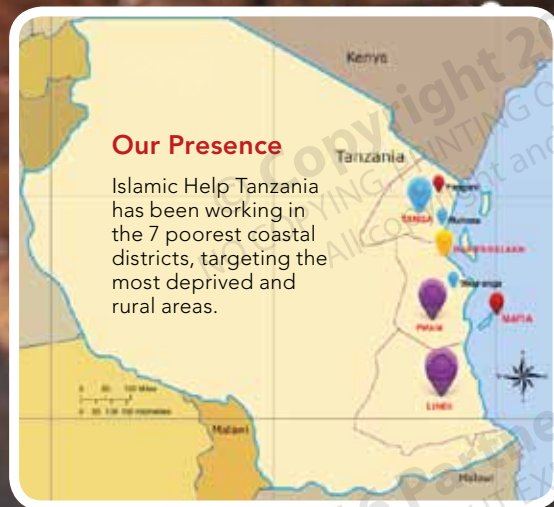
**Islamic Help Tanzania**

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With special thanks to our donors:

Islamic Help UK; the States of Guernsey; Islamic Help Australia; the Parker family, Australia; Islamic Help Hong Kong; Muslim Colon Community, Panama; the Lancashire Group, UK.



## TANZANIA

- Tanzania is one of the world's poorest countries, ranking 151 out of 188 on the 2015 Human Development Index (HDI)
- Research by Water Aid Tanzania shows 21.6 million people in Tanzania – almost half of its population - lack access to safe water
- Every year, more than **7,000** children in Tanzania die from diarrhoea due to unsafe water, poor sanitation and inadequate hygiene (Water Aid Annual Report 2014)
- The Tanzanian Ministry of Health and Social Welfare estimates that there are 3.1 million orphans and vulnerable children, of which only about 6% receive external support.

According to the United Nations, 80% of Tanzania's population (34 million people) lives on less than US \$30 (£20) a month and 34% (15 million people) on less than US \$10 (£7) a month.

The coastal regions of Tanzania, except for Dar Es Salaam, are the poorest and least developed with the lowest HDI\* rankings.

Islamic Help Tanzania is targeting the most deprived and remote rural areas in the 7 poorest coastal districts - Tanga, Panagani, Muheza, Mafia, Lindi, Mkurunga, Dar Es Salaam).

\* The Human Development Index (HDI) is a tool developed by the United Nations to measure and rank countries' levels of social and economic development based on four criteria: life expectancy at birth, mean years of schooling, expected years of schooling and gross national income per capita.



## OUR ACHIEVEMENTS SO FAR...

Since Islamic Help started work in Tanzania in 2009, our donors have helped us to deliver, among other things, the following:



**5093** people provided with sustainable livelihood, through bee-keeping, livestock, small enterprises and agriculture.



**114** water-wells/boreholes installed, **56780** people in 7 Districts benefited.



**100** eco-friendly mosques being built (28 completed) in Tanga region equipped with solar panels, boreholes, toilets and other facilities benefitting **10,000** people.



**514** Orphans and widows families being provided food every month.



**50,000** trees planted in 3 districts affected by charcoal production and deforestation.



**3709** poor people served with Qurbani meat.



**5346** Students supported through improved schooling facilities like water, toilets and electricity.



**10,000** people served with Ramadhan food, sufficient for the whole month.



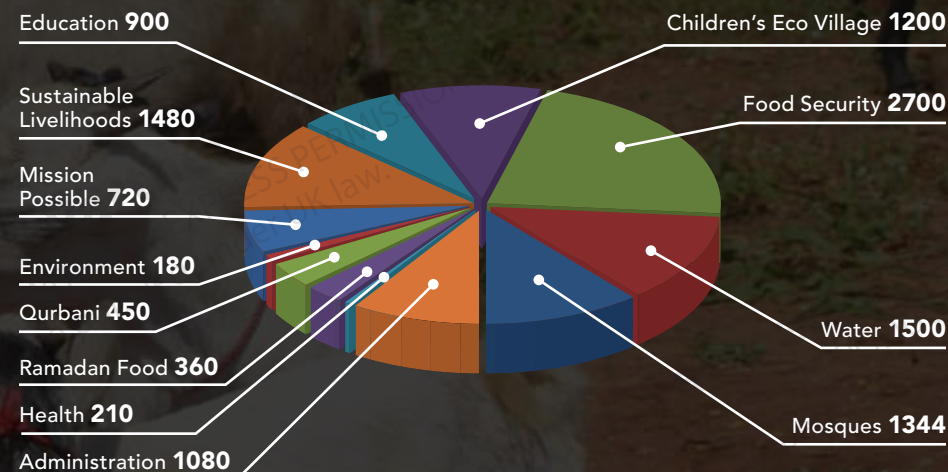
**20** orphan's girls in Eco Village being provided world-class facilities of learning and development.



**100** girls being provided modern education (Cambridge syllabus) through Córdoba School.

## PROJECT-WISE SPENDING

Figures in Million TZS



# MOSQUES

Along the coastal regions of Tanzania where Islamic Help is working, Muslims account for 90% of the population.

The infrastructure of schools, hospitals and mosques in such highly deprived areas is in extremely poor condition. Mosques are not only places of worship but also significant centres of community development allowing for more meaningful engagement with society.

In Pangani, the majority of mosques are made of mud with no proper roofing, doors, windows, electricity or sanitation.

Islamic Help has embarked upon an undertaking to rebuild these mosques by providing:

- Proper construction and roofing
- access to water and electricity
- toilets and other hygiene facilities



*The Prophet (May Allah Bless Him and Grant Him Peace) said, "Whoever builds a mosque for Allah, Allah will build for him likewise in Paradise."*

(Hadith)



Our focus is to:

- build eco-friendly and energy-smart mosques with community participation
- organise training programmes for imams
- promote peace, religious harmony and progressive education.

In June 2014, Islamic Help embarked on a plan to build **100** mosques throughout Pangani District. So far, construction of **10** mosques has been entirely completed and **28** more are currently under construction including in other districts of Tanga, Muheza and Handeni.

Once completed each mosque will feature:

- 14-15m by 10-12m concrete mosque to support more than 180 individuals
- five proper toilet chambers/rooms
- a rain water harvesting system with a concrete tank of 7,000ltrs capacity
- a solar 150w system with capacity to light more than 20 lights
- Water wells/boreholes
- Furnishing and renovation

With US \$15000 (approx. £10,500) you can build in Tanzania a mosque featuring all these facilities.

# WATER & SANITATION

Sa'd bin 'Ubadah RadhyAllahu 'anh asked, "O Messenger of Allah (Peace and Blessings of Allah Be Upon Him), what kind of charity is best?" He said, "Providing drinking water."

(Hadith)

Since 2009, Islamic Help Tanzania has built **157** water systems in 7 Districts of Tanzania for the daily benefit of more than **56,780** people.

With the financial support of our prestigious donors, we have dug **114** wells and **2** solar boreholes benefiting **42,918** people.

With US \$5,000 (approx. £3,500) you can provide safe water to a village of 500 households or 2,000 people every day, a sadaqa jaryahia (a continuous charity).

The provision of **35** roof/rainwater harvesting systems (RHWS) for households or at public buildings has ensured that **10,259** people get clean water for drinking and hygiene for most of the year.



Beneficiaries include a primary school in Meka village which relied on a water source almost 2km away. As a result, the **250** students were forced to use make-shift unhygienic toilets.

Almost 90% of them were diagnosed with Urinary Tract Infections (UTI), which can lead to lifelong health-related complications.

Islamic Help built a RHWS with a storage capacity of 5,000 litres, making the school's water sufficient for hygiene and sanitation for most of the year.

With just US \$1,000 (£700), Islamic Help can build a rainwater harvesting system at a school or hospital, for the benefit of hundreds of people.

**Mariam** is a 37 year-old mother-of-three in Meka village, Pangani District. She used to get up at 5am every day and walk 3km to fetch two buckets of water from a river. It took her almost four hours to arrange water for daily drinking and cooking.

*"Having a water source near your house is just like a big luxury that only lucky people can have, it saves time and gives clean water for drinking."*  
Mariam

*"Half of our lives are spent on fetching water for drinking," she said. That water was their only source but was not safe for consumption, and her children often fell sick from cholera and other serious waterborne diseases.*

*"This is what I am seeing from childhood - you can miss anything but you cannot miss two trips of water daily," she said.*

Islamic Help installed a hand-pump just a few yards from Mariam's house, allowing **378** households to have reliable access to a safe water source.

Nowadays, there is always a long queue of people happily waiting to fetch clean and safe water from the well. Because of the time Mariam has been able to save, she started growing vegetables in her kitchen garden and hopes to grow more in the near future which can provide her with an extra income.

# FOOD SECURITY

About 80% of the coastal regions' population depends on agriculture for their living. Simultaneously, 90% of farmers live on less than a dollar a day, making their survival extremely difficult.

The TRACTOR project (Transforming Rural Agricultural Communities Through On-farm Revolution) will revolutionise small-scale agriculture by flattening and ploughing thousands of hectares of fertile land.

As part of the TRACTOR project, a free tractor facility to flatten and plough the land will initially be provided to **750-1,000** of the poorest households, thanks to the generosity of our donor **Dr. Parker** from Australia.

High quality seeds, tools and training on modern agricultural practices provided to the farmers will lead to a doubling or tripling of their current volume of production which will immensely improve their standards of living.

Milk distribution: 33% of children living in coastal regions are malnourished. With the help of BURAO East Africa (PVT) limited, Islamic Help Tanzania on a regular basis provides nutrient enriched milk like Lactogen and Nido for hospitals as well as orphanages.



With just US \$50,000 (approx. £35,000), the TRACTOR project can help 1,000 of the poorest subsistence farmers to grow extra crops worth \$1,000 to each farmer in a year, thereby defeating extreme poverty.

## RAMADAN FOOD PACKS

## QURBANI

Islamic Help is distributing 2,000 food packs in Ramadan 2016, benefiting 10,000 people in the Pangani District, Lindi and Dar Es Salaam with the help of donors from Hong Kong.

Our beneficiaries are mostly orphans, widows, poor prisoners as well as madrassah students. One pack is enough for a family of 4 to 5 people for the whole month of Ramadan. Islamic Help also distributes Eid gifts such as clothes, shoes, sweets during the time of Eid.

**With just US \$50,000 (approx. £35,000), you can provide food to 5,000 impoverished and malnourished children.**

*The Prophet (May Allah Bless Him and Grant Him Peace) said, "Whoever feeds a fasting person will have a reward like that of the fasting person, without any reduction in his reward."*

(Hadith)

Eidul Adha is a time of celebration and sacrifice for Muslims when the noble acts of the Prophet Ibrahim (alaihis salaam) are commemorated. It is a time not only for enjoyment but to fulfill our religious obligations by distributing fresh meat to feed the poor and needy.

As a part of our Qurbani campaign we ensure that packages of meat, feeding one family for at least one week, are distributed to deprived and vulnerable families.

Over 5 consecutive years, Islamic Help Tanzania has distributed over **15,000** packages of Qurbani meat, feeding more than **45,000** needy people. That has only been possible through the generosity of donors from the UK, Australia, Panama and Hong Kong.



# CHILDREN'S ECO VILLAGE

The CEV operates with the vision of giving back more energy and materials to the community than is consumed, through training locals to adopt permaculture practices, poultry farming and livestock rearing.

The Children's Eco Village (CEV) is an exciting and innovative project to support **160** orphans and vulnerable children, create jobs and livelihoods for communities and to establish a legacy of sustainability and development.

Located just outside the capital Dar Es Salaam, it is set in over 30 acres in a green, productive and self-sustaining environment designed to nurture the physical, mental, social and spiritual growth of vulnerable youngsters.

Once completed, the CEV will feature **16** eco-houses, a sports ground, an eco-mosque, community centre, library a training centre and permaculture farms.

The farm will ultimately improve the local economy by providing jobs, generating income and improving food security within the Village.

The key beneficiaries of the CEV are the children, who are provided with proper living accommodation in each eco-house. They receive individualised care promoting their appropriate development, education and health. Such a homely and healthy environment will aid children mentally, physically, psychologically and spiritually.

"The Eco Village that Islamic Help is building just outside Dar es Salaam is an innovative and ground-breaking project that will provide security and stability to the most vulnerable in our society.

This is an exciting venture and I applaud Islamic Help for its foresight and vision. Insha'Allah it will be a model village for others to emulate"

His Excellency, former President of Tanzania (1985-1995)  
H.E Al Haj Ally Hassan Mwinyi



You can build an eco-house for orphans at the CEV for approx. US \$85,000 (approx. £60,000)

When **Tiba Rashid**, aged 9, lost both of her parents to HIV, the girl's aunt decided to take care of her. However, the very desperate conditions in which the woman was living didn't allow the girl to continue with her education.



After leaving school, Tiba's main daily activity, among numerous other household chores, was fetching water. "Every time I reached home with a filled bucket of water, I found the other bucket empty so I kept fetching water from very far all day long. I used to be so exhausted that I could sleep on the floor".

Islamic Help found out about Tiba's situation and admitted her to the CEV. She is enjoying the best time of her life now, living with her 20 friends and making the most of her education as she dreams of becoming a nurse. "I can't imagine one having a better life than this."

# ORPHANS

# ORPHANS

## MONTHLY FOOD DISTRIBUTION

Pangani, Tanzania

Orphans sponsored by Islamic Help and sisters from U

"Reaching orphan

The Prophet (May Allah Bless Him and Grant Him Peace) said, "One who cares for widows and the poor is like those who fight in the way of Allah or those who spend their days fasting and their nights praying."

(Hadith)

Islamic Help's orphan sponsorship scheme supports the most vulnerable orphans, caught in the throes of conflict, poverty as well as instability, living either in an orphanage or with their family members.

Our orphan sponsorship scheme provides a comprehensive package of support to meet the needs of each individual child, including shelter, food, education, health care and welfare. Every month Islamic Help provides food to the needy orphans at their doorstep.

There are 3.1 million orphans children in Tanzania, of which only about 6% receive external support - the rest are left to fend for themselves while living in the worst of conditions.

Unicef Tanzania



For just £30 or US \$45 per month, you can sponsor a widowed family in Tanzania, meeting their basic requirements of food, shelter, education and health

# EDUCATION

There are 34 primary schools in Pangani District but they suffer severe problems, ranging from poor infrastructure to overcrowded classes and children dropping out of education before secondary school.

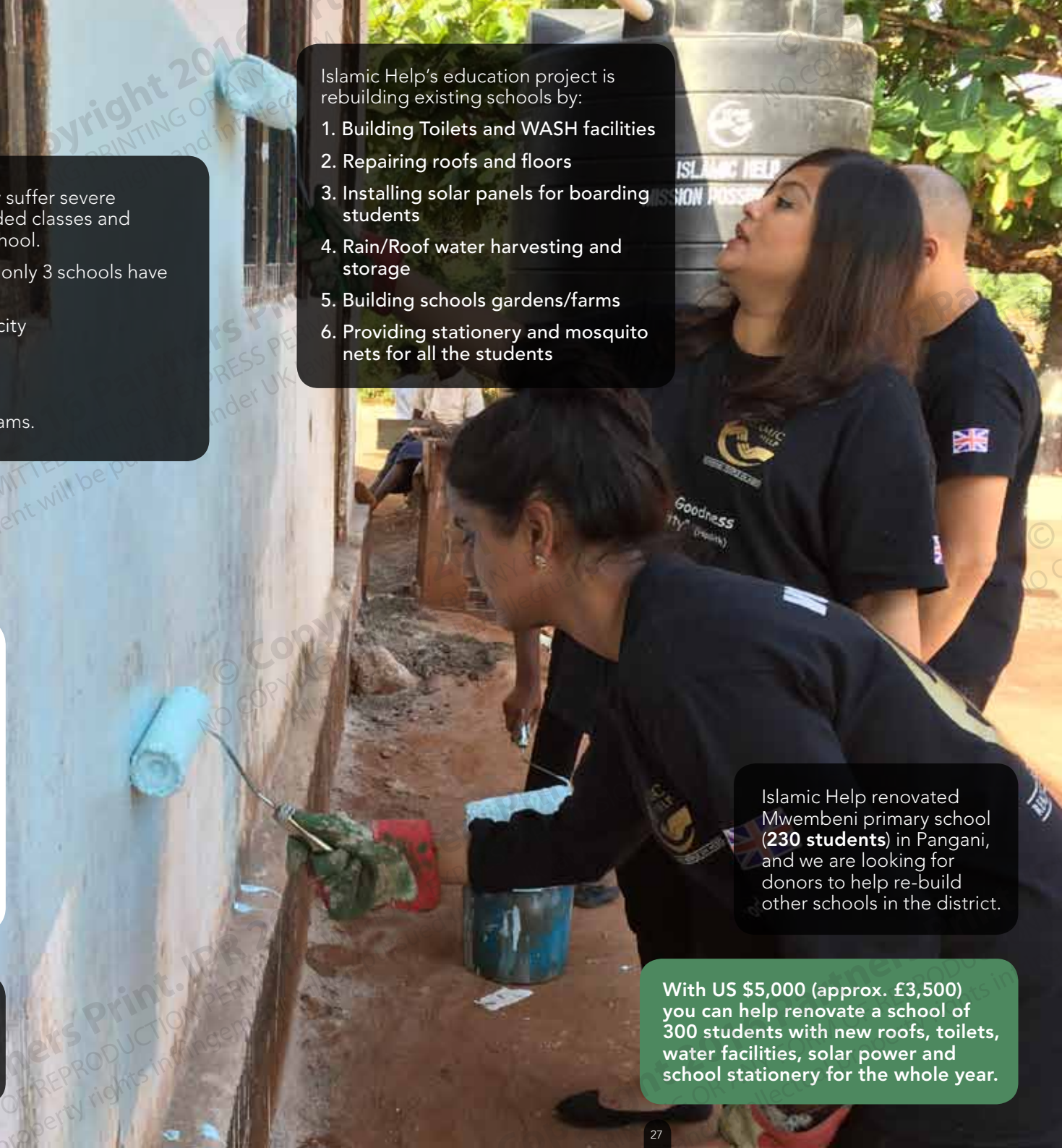
- There are 11,525 pupils (5,789 boys and 5,736 girls) but only 3 schools have proper toilet facilities
- Only 4 schools have water and 3 have access to electricity
- 39 teachers are working without any office space
- On average, there are 134 children per classroom
- 67% of children regularly fail their English language exams.

Islamic Help's education project is rebuilding existing schools by:

1. Building Toilets and WASH facilities
2. Repairing roofs and floors
3. Installing solar panels for boarding students
4. Rain/Roof water harvesting and storage
5. Building schools gardens/farms
6. Providing stationery and mosquito nets for all the students



Islamic Help is carrying out a series of works to remedy the poor infrastructure in schools and to improve the quality of education including plans for the capacity building of teachers, particularly in English and IT



Islamic Help renovated Mwembeni primary school (**230 students**) in Pangani, and we are looking for donors to help re-build other schools in the district.

With US \$5,000 (approx. £3,500) you can help renovate a school of 300 students with new roofs, toilets, water facilities, solar power and school stationery for the whole year.

# CORDOBA SCHOOL

With a team of leading community workers and experienced educationists as its backbone, Cordoba Secondary School for Girls is dedicated to providing a truly holistic approach to education by instilling Islamic values and upholding the highest standards in academic excellence.

We strive to provide our students with opportunities and experiences that are unique, practically and timely for their spiritual, intellectual, moral, social and physical well-being and growth.



**CÔRDOBA**  
GIRLS SECONDARY SCHOOL  
FAITH - EXCELLENCE - SERVICE

Our approach to education is based on the Tarbiyyah model developed in the US by leading Islamic educationists. The Tarbiyyah project is a vision, a framework, a set of programmes and a strategic plan for the restoration and revitalisation of contemporary Islamic education - for making Islamic education whole again.

The school uses the Cambridge curriculum as standard, for the study of the English language, Mathematics, science & social studies. It features state-of-the-art equipment in an eco-friendly environment to ensure a participatory learning environment.

## LIVELIHOODS

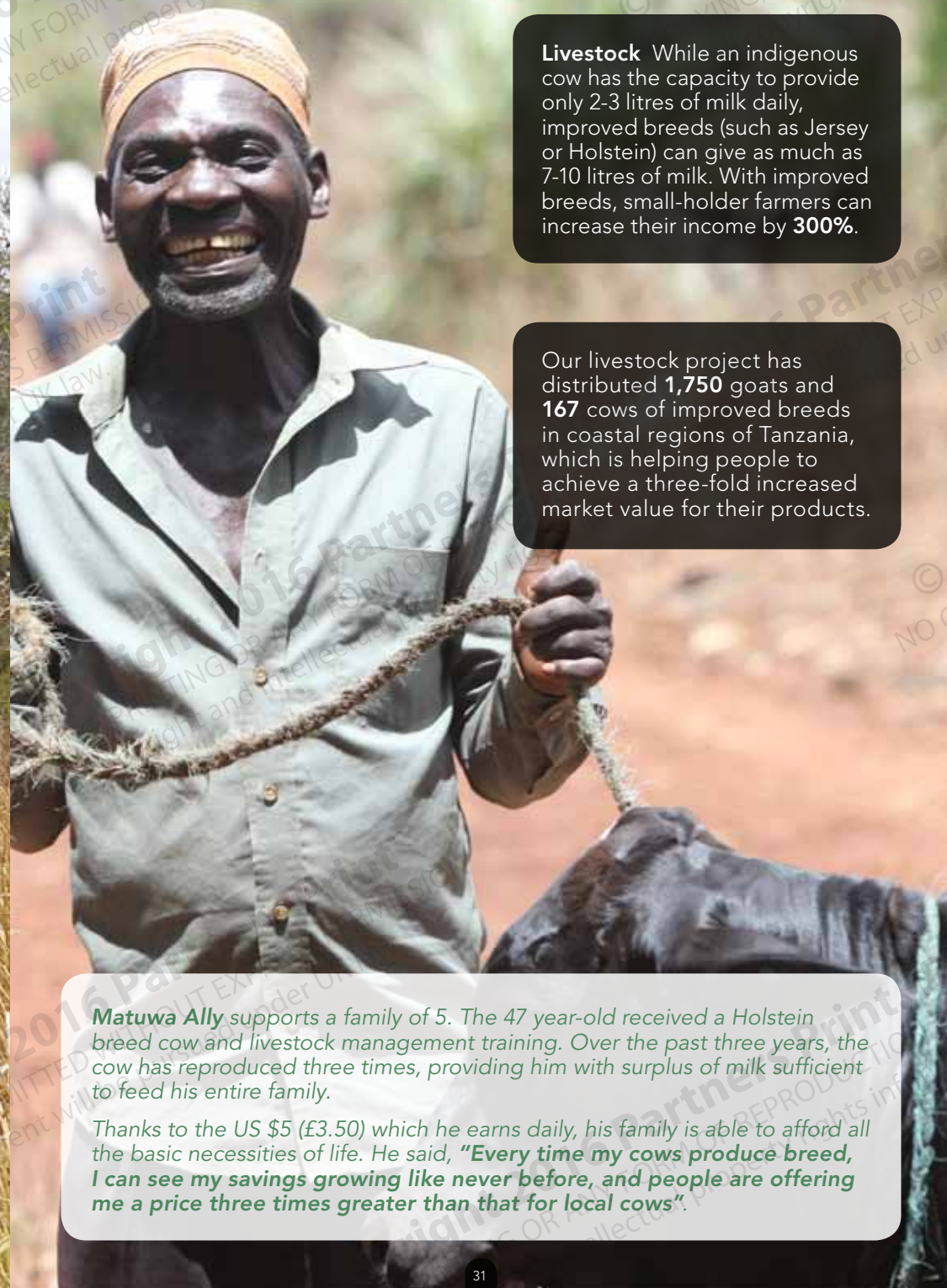
**BEE-KEEPING** Commercial bee-keeping is a life-changing initiative. IH Tanzania provides modern bee-hives, training packages and supplementary tools to the most vulnerable, mostly female subsistence farmers including highly disadvantaged HIV-positive and disabled beneficiaries.

So far, we have supported **1,560** women, mostly widows, in the coastal regions of Tanga with the support of donors from Panama, Australia and States of Guernsey

With only US \$20,000 (approx. £14,000), we can help 100 women to engage in bee-keeping, each earning a sustainable income of \$520 (£360) a year, more than double the existing income of people living in coastal regions. All it takes for each beneficiary is two bee-hives and proper training.

*"I can see my future very clearly now, I can see my children going to a better school, and eating well and clothing properly. I can plan for my future with more hives added to my garden each year."*

Fatuma, a 34-year-old widow & mother of 4, from Mseko village in District Pangani.



**Livestock** While an indigenous cow has the capacity to provide only 2-3 litres of milk daily, improved breeds (such as Jersey or Holstein) can give as much as 7-10 litres of milk. With improved breeds, small-holder farmers can increase their income by **300%**.

Our livestock project has distributed **1,750** goats and **167** cows of improved breeds in coastal regions of Tanzania, which is helping people to achieve a three-fold increased market value for their products.

**Matuwa Ally** supports a family of 5. The 47 year-old received a Holstein breed cow and livestock management training. Over the past three years, the cow has reproduced three times, providing him with surplus of milk sufficient to feed his entire family.

Thanks to the US \$5 (£3.50) which he earns daily, his family is able to afford all the basic necessities of life. He said, **"Every time my cows produce breed, I can see my savings growing like never before, and people are offering me a price three times greater than that for local cows"**.

**SMALL ENTERPRISES** Islamic Help Tanzania defines extremely vulnerable individuals (EVIs) as widows, extremely poor individuals living on less than a dollar a day, persons with physical disability and HIV. Due to a lack of assets and skills, social exclusion and mobility problems, they are often unable to generate livelihoods for themselves and have to rely on family support.

In 2013, Islamic Help Tanzania established a Savings and Credit Cooperative Society (SACCO), a Shariah-compliant micro-credit service based on the Islamic concept of Qurz-e-hasna. It provides technical and financial support to EVIs (men and women) to establish and manage small businesses that are sustainable and have a lasting impact on their lives.

They include grocery shops, cafeterias, small hotels and agricultural ventures. Small scale entrepreneurs can get up to US \$500 (£350) of soft loans (Riba-free) to start businesses or expand existing businesses. Already, **320** small entrepreneurs have benefited from the credit services provided to them.

**ISLAMIC HELP  
TANZANIA**  
MISSION POSSIBLE AUG-2015  
**PANGANI  
LIVELIHOOD PROJECT**

With US \$50,000 (£35,000), Islamic Help can set up SACCOs for 300 small-scale entrepreneurs in small towns like Pangani, providing them with a long term source of income.

**Emmanuel Raba**, a 50 year-old resident of Meka village in Pangani District, is severely handicapped by polio. Because of his inability to feed his family of 8, his wife left him.

Emmanuel was making just half a dollar a day to support his children. Six months after we helped set up a small grocery shop, he is earning between 6 to 10 dollars a day, making him one of the most affluent people in his village.

Emmanuel said, *"I am sure that if my children are well-educated, there is nothing that they can't achieve and they will fulfill my dreams. I am extremely grateful to Islamic Help for lighting up my dark world"*

## MISSION POSSIBLE

Mission Possible takes volunteers from the UK on a life-changing humanitarian journey, from fundraising and planning their deployments to practical distribution of aid in rural Tanzania, showing them what a huge difference a single donation can make to life of someone in real need.

Each year, young people raise £5,000 each to take part in Mission Possible and change the lives of not only the beneficiaries but their own.

We have done 8 volunteers deployment projects (to 2016) in four districts and reached 25 villages. More than **3,000** families have benefited from the volunteers' carrying out programmes in education, health, water and sanitation, livelihood and community awareness on diseases and environmental issues.



## TREES FOR CHANGE

Tanzania burns one million tons of charcoal each year, which amounts to clearing more than 300 hectares (about 750 acres) of forest every day for charcoal production.

Unfortunately, the rate of deforestation outstrips the replacement rate by about 3 to 1. This implies that for every acre planted, three are lost.

Islamic Help Trees for Change aims to contribute towards reforestation of Tanzania. We aim to educate communities about the environment, and help plant **1 million** trees in order to tackle the impact of deforestation and raise people's incomes by providing livelihoods.



REACHING PEOPLE IN NEED



**islamichelp.org.uk**

Registered Charity Number 1160490

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FRSB ✓ give with confidence

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